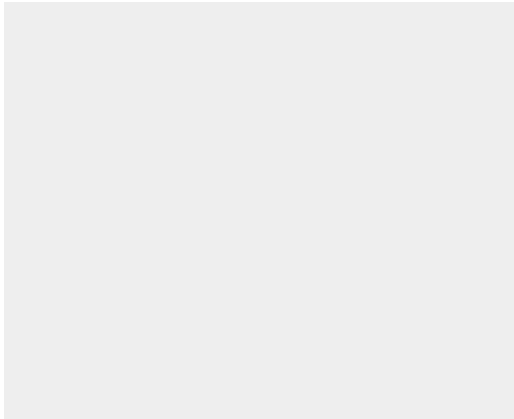




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Cheesy Herb Burgers

(Ideal with Dallas Ciabatta)

Your ingredients list:

250gm very lean beef

1 lightly beaten egg

1 finely chopped onion

¼ cup dried bread breadcrumbs

2 teaspoons each soy sauce, tomato paste
coriander, chopped chives

30gm grated cheese

½ cup dried breadcrumbs, extra

Ciabatta rolls

Instructions:

Mix all ingredients except the extra breadcrumbs well by hand in a large bowl. Roll into 8 balls in the extra breadcrumbs, flatten into patties. Pan fry in lightly oiled pan over high heat 2-3 minutes per side, drain on paper towel. Place burger pattie on one side of bread topped with shredded lettuce, sliced cucumber, tomato and serve.